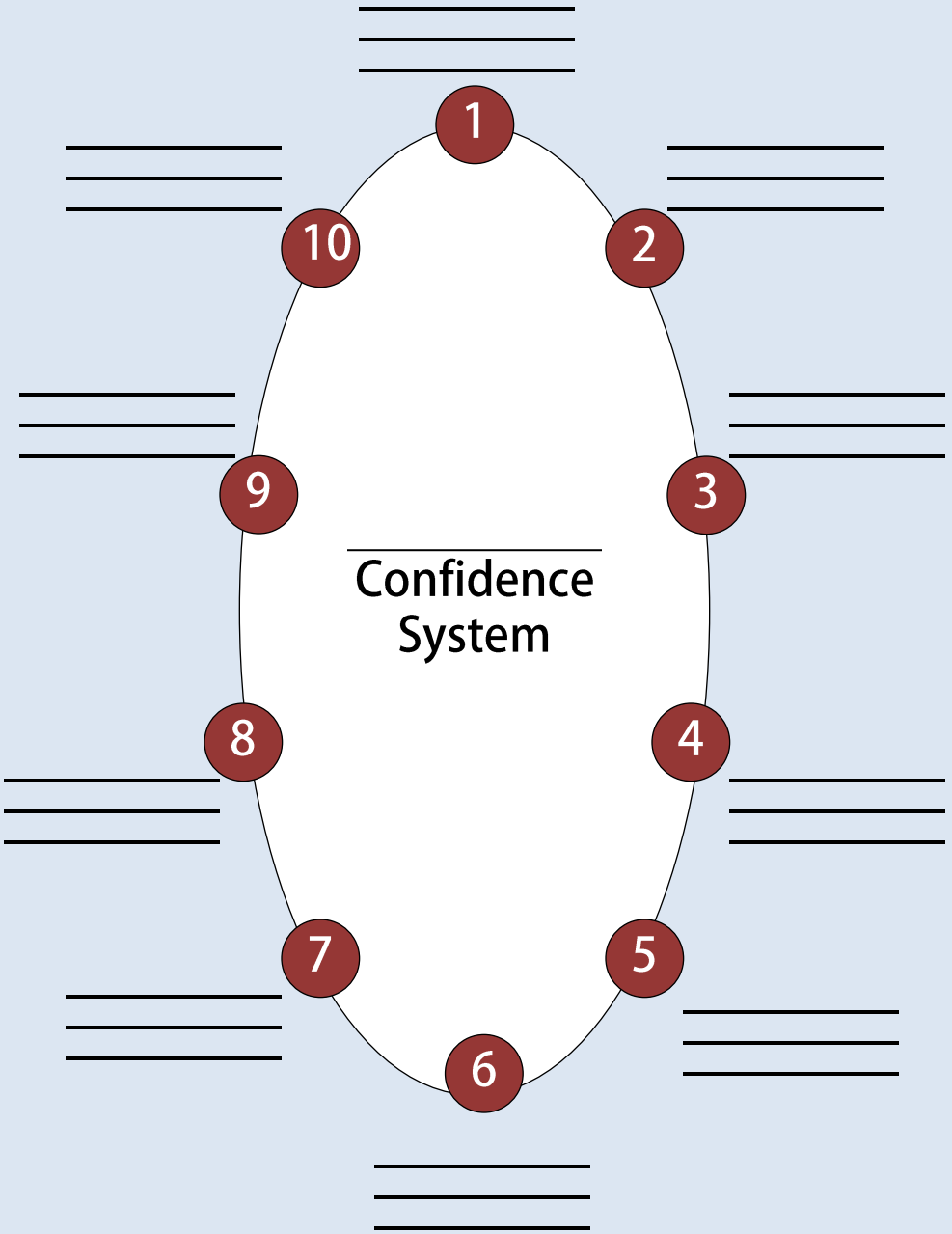


# The Confidence System

Name:

Date:

What Gives You Confidence?	Top Ten Confidence Builders – The Confidence System
	 <p data-bbox="786 1097 1036 1213">Confidence System</p>

## Key Questions

**A**

Which confidence habits can you do everyday?

**B**

What interferes with your being confident?

**C**

What small improvements can you make that will have the biggest impact on your confidence?

## Action Plan

1

2

3

4

5